

COMMUNITY OF PACK LIFE



BOOK OF GUIDANCES

2025



OUR MISSION

Make the strength of
community and the healing
power of natural medicine
accessible to all.

The Book of Guidances is the living testament of the Community of PACK Life—a collection of our structure, lessons, and moral imperatives. It reflects the foundations upon which we have built and continue to cultivate our Community.

This book is not static. It evolves, just as we do, updated each year to honor the growth, change, and understanding that emerge from a thriving, vivid Community.

This is the **FIRST** edition and was completed **02/2025** by **Teopixqui Dez**

TABLE OF CONTENTS

PREFACE	5
OUR NATURE	7
CORE BELIEFS	11
REVERE THE SELF	
EMBRACE THE COMMUNAL EXPERIENCE	
THE UNIVERSE PROVIDES	
THE CYCLES OF TRUTHS	
PACK LIFE: THE PATH TO LIVING	19
PROTECTION	
ACCEPTANCE	
COMMUNICATION	
KAIROS	
LIFE	
MORAL IMPERATIVES	36
DEFEND AUTONOMY	
SELF-IDENTIFICATION	
FIGHT MALICE WHERE IT STANDS	
MESSAGE FROM TEOPIXQUI	
TREATMENT OF ANIMALS	
SACRED DAYS	48
COMMUNAL GATHERINGS	52
CLOSING REVELRY	57

PREFACE

This book was not written alone.

It was spoken into existence in the laughter and struggles of the Community. It was built in the hands that lifted one another, in the moments of shared strength, and in the unwavering belief that we deserve something better. Every word here was shaped not by one voice, but by many, woven together in the same way our community itself was formed—through connection, through intention, through revelry.

I did not set out to write a holy book. I set out to listen.

In January of 2024, I took a simple journey inward—a revelry guided by natural medicine, a moment of introspection no different from what countless others have experienced. But in that space, something happened. A message reached me; not in words, but in a spirit of certainty: I was meant to help build something. To connect people.

It wasn't about me. It was about us.



PREFACE

A year later, The Community of PACK Life is here. We are a living, breathing testament to what happens when people step into their purpose—not alone, but together. And now, after a year of shared growth, of refining our collective voice, this book stands as a reflection of what we have built.

This book is not a rigid set of laws but a guide—a written extension of the truths we have already lived.

Every section of this book was written in revelry, not as an attempt to divine wisdom from some unseen force, but to quiet the ego in order to let honesty take its place.

The words here are true. And they are ours.

Teopixqui Dez
January 2025
Colorado Springs, Colorado



OUR NATURE

Before our voices could carry words, before our minds could stitch sound into meaning, we had each other. We, with no claws and no fangs - no fur and no scales - fragile bodies in an uncaring world and yet - we survived. How?

Together.

In those ancient moments, in caves and under open skies, our ancestors felt the first spark. They felt a fire, not of flint and stone, but of something divine. They huddled close, sharing warmth, sharing fear, sharing the unspoken understanding that alone they were prey but together, they were something else entirely. Something powerful.

That was the birth of community, and we trace the birth of our own Community to this primeval moment. The first moment humanity discovered that unity creates something greater than the sum of its parts. We acknowledge a force that isn't seen but felt: an energy, an ember, an invisible thread tying one heart to another.



OUR NATURE

But something happened along the way; something intentional. A division was sown in the human community through greed and fear. In the face of selfishness and scarcity, systems were built to keep us apart, to transform our kin into competition.

Make no mistake, this was no accident. The weakening of the Self, the breaking of the bond, serves a purpose. When we are divided, we are easier to sway, easier to silence, and easier to distract.

But we know better.

Peace isn't passive. It isn't fragile. Peace is a garden, and gardens require tending. Weeds must be pulled. And sometimes, the roots within and without must be dug out by hand.

We recognize this as a call to vigilance, not violence. A call to courage, not cowardice. To drawing lines in the sand and holding onto your stick.



OUR NATURE

The most powerful tools of the Community are education, conversation and collective action. These are the real tools of change. These are how fires are extinguished and how gardens thrive. The Community turns to violence only as a last resort in defense of its Universal Truths.

We are brought together by moments of kairos granted by the Universe, but these moments do not end with us. They ripple through the Universe, affecting our kin everywhere. Moments of kairos are not random; they are opportunities. Kairos is a gift from the Universe wrapped in the urgency of the Now. The Universe doesn't hand us solutions; it hands us moments to fight for them. Anything worth having is worth fighting for, but this fight isn't meant to be carried alone.

This isn't a solitary duel against the vastness of existence. This is a communal effort. Every role matters. Every hand carries the weight.



OUR NATURE

Even if your only task is to remain standing: stand. Even if your role is to let others carry you forward: allow it. Every act of resilience, the act of nurturing the spark of collective care, gets us closer to the same place: a world where we all arrive together – victorious.

There is no room for passivity in the Community. We allow no space for empty words or hollow thoughts. Action creates change. And real, lasting change begins within. From there we can present ourselves – powerful and collected – to a Community where each person does the same.

Because don't we deserve it?

We deserve a world where the fires of hate aren't allowed to burn, and where Community thrives. We deserve a world where humanity remembers what it's always known but so often forgets: that together, we are divine.

Together, we are unstoppable.

Together, we truly revel.



CORE BELIEFS



At the heart of The Community of PACK Life lie the Three Universal Truths. They are living principles, not rigid laws or commandments set in stone. They flow into one another, reinforcing and uplifting each other, forming a cycle of growth, resilience, and connection.



REVERE THE SELF



EMBRACE THE COMMUNAL EXPERIENCE



THE UNIVERSE PROVIDES



REVERE THE SELF

Healing begins within. Strength starts within. A fractured Self cannot fully contribute to the whole, so we must first tend to our own gardens. The body, mind, and self—must be nurtured, respected, and strengthened. Just as a tree cannot bear fruit without strong roots, we cannot serve the Community if we are depleted. To Revere the Self is to prepare, to cultivate the foundation upon which we stand.

To Revere the Self is not an indulgence, nor is it selfishness; it is an act of necessity. The Self is not a solitary entity, but a vital piece of the greater whole. When we honor our physical health, nurture our minds, and tend to our emotional well-being, we become steadier in our purpose. We are not separate from the Community; we are threads woven into its fabric. A strong Self holds the line when others falter, lifts the weight when others stumble, and provides shelter in times of storm.



REVERE THE SELF

There will be moments when doubt creeps in, when the world presses down with relentless force. It is then that we must remember: to care for the Self is not to turn away from others but to ensure we have the strength to continue forward. No one benefits from a withered soul, just as no garden flourishes from neglect. When we stand strong within ourselves, we carry others forward with us.

"If your flame flickers and dies, how can you light the way for others? Self-care is not selfishness; it is the foundation upon which we build a better world."

-Teopixqui Dez



EMBRACE THE COMMUNAL EXPERIENCE

We are not meant to walk this path alone. Alone, we are vulnerable; together, we are resilient beyond words. The communal experience is more than proximity—it is a binding force, a shared agreement to lift one another in times of need and to celebrate together in times of joy. It is the understanding that strength is magnified when shared, that burdens are halved when carried by many, and that triumphs shine brighter when witnessed by a caring collective.

To embrace the communal experience is to choose connection over isolation. It does not mean agreement in all things, nor does it require uniformity. Rather, it is the active practice of weaving our individual truths into something greater. It is the recognition that our differences are not barriers, but threads that enrich the fabric of our shared existence. When we listen, when we share, when we open our hearts to the experiences of others, we do not diminish ourselves—we expand.



EMBRACE THE COMMUNAL EXPERIENCE

A thriving community is not built on convenience but on intention. It requires participation, vulnerability, and the courage to be seen as we truly are. To embrace community is to show up—not just for ourselves, but for those around us. When one falters, the others steady them. When one is lost, the others guide them home.

We do not thrive in isolation, nor do we heal in solitude. The essence of our existence is interwoven with the lives of others, and in that connection, we find purpose. The weight of the world is unbearable alone, but together, we become a force greater than suffering itself.

“What can life throw at us that feels too heavy in the arms of so many who love you? Kin—not by blood, nor obligation, but by choice. By intention. By love stripped of condition or connotation. Love that says: Your suffering is my suffering, your joy is my joy. And no one—no one—should ever hurt alone.”

–Teopixqui Dez



THE UNIVERSE PROVIDES

The Universe provides answers, but only if we listen. To truly receive, we must quiet the noise of our own assumptions and fears. The answers are there, waiting, but they are not always the ones we seek. The Universe does not give us what we want; it offers what we need.

Some will hear the Universe speak through deities or divination, through dreams or intuition. Others will find it in science, in reason, in the intricate logic that governs existence. The method does not matter. The outcome does. The intentions of good or evil are irrelevant when the outcome of the ambition is what will leave an impact on the world. Is the world a better place because of your efforts? This is what we should be held accountable for.



THE UNIVERSE PROVIDES

The Universe offers guidance, moments of kairos—those opportune moments where clarity emerges and action must be taken. But it is not a passive force; it does not push us forward. We must choose to listen as well as act.

Understanding does not require mastery. In an ever-expanding Universe, our minds and bodies are simply not designed to grasp its full wonder. We must swallow our arrogance, kill our pride, and accept that the Universe offers answers beyond our comprehension.



THE CYCLE OF TRUTHS

These truths do not exist in isolation. They are not steps to be climbed or precepts to be obeyed. Our truths are a cycle—one feeding into the next, creating a rhythm that sustains the Community.

- A strong Self enriches the Community.
- A thriving Community is better positioned to see and act on what the Universe Provides.
- That which the Universe Provides returns to feed both the Self and the Community, continuing the cycle.

When one truth falters, the others strain to bear its weight.

When one truth thrives, the others are lifted.

Together they form a living, breathing ecosystem in the form of a healthy community.

This is our foundation.



PACK LIFE: A PATH TO LIVING

At the heart of The Community lies PACK Life. PACK Life calls us to live fully, with purpose and intention, while grounding ourselves in the values that sustain and uplift the Community. It stands for Protection, Acceptance, Communication, and Kairos—each a pillar, each a guide.

Together, they weave the fabric of a life well-lived.



PROTECTION

Protection is the first strength of the Community. It is the shelter we build together, the shield we raise not just against the dangers of the world but also against the storms within ourselves. To protect is to ensure that no one faces their struggles alone.

It is the steady hand that catches a faltering step, the shared strength that lightens every burden. Protection is active, intentional, and fierce in its gentleness. It says, “You are safe here. You are seen. You are held.”

When we Protect, we do so with more than our strength. We Protect with Passion, Purpose, and Power. These echoes remind us that the greatest shields are those built from love and the strongest walls are those fortified with care.



PROTECTION

FROM THE MANY LANGUAGES THE UNIVERSE SPEAKS, WE REFLECT UPON THIS STORY:

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, “Take these things out of here! Stop making my Father’s house a marketplace!”

John 2:13-16, New Testament



PROTECTION

Profiteers and crooks had turned a sacred sanctuary into a place of base commerce. They had stripped it of its reverence, replacing prayers with the clinking of coins and the bargaining of prices. This man—the one they called Jesus—did not stay silent. He saw the defilement of something sacred and He acted. With whip in hand, He overturned their tables and drove them out, scattering their coins and ruining their dealings. “It is written,” He said, “My house will be called a house of prayer, but you have made it a den of thieves.”

We hold true that when anger is awakened in our heart, the Universe is calling us to act against injustice. We are called to take purposeful action to protect ourselves and others from greed and malice. The principle of Protection calls us to recognize when something sacred is under threat and to act – not with blind rage, but with conviction and clarity. It is our duty to uproot that which would poison the garden, both within ourselves and in the wider world.



ACCEPTANCE

Acceptance is the wisdom to see the world as it is—both its beauty and its flaws—and to decide where we will act. Acceptance asks us to hold space for what we cannot change and to step boldly into action against what we cannot allow.

To Accept is to say what is not acceptable. It is to confront malice with unwavering resolve, to shine a light on injustice and say “No more”. Acceptance is the quiet strength that chooses action over prayer, courage over fear, and justice over apathy.

Its echoes—Action, Accountability, and Acknowledgment—are the rhythm of its heart.

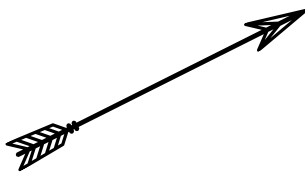
Acceptance demands that we see, that we act, and that we hold ourselves and each other accountable for the world we create.



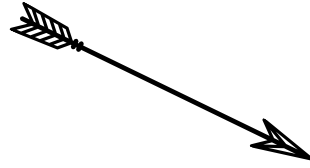
ACCEPTANCE

FROM THE MANY LANGUAGES THE UNIVERSE SPEAKS, WE REFLECT UPON THIS STORY:

It's just as if a man were wounded with an arrow thickly smeared with poison. His friends and companions, kinsmen and relatives would provide him with a surgeon, and the man would say, 'I won't have this arrow removed until I know whether the man who wounded me was a noble warrior, a brahman, a merchant, or a worker.' He would say, 'I won't have this arrow removed until I know the given name and clan name of the man who wounded me... until I know whether he was tall, medium, or short... until I know whether he was dark, ruddybrown, or golden-colored... until I know his home village, town, or city... until I know whether the bow with which I was wounded was a long bow or a crossbow...



ACCEPTANCE



until I know whether the bowstring with which I was wounded was fiber, bamboo threads, sinew, hemp, or bark... until I know whether the shaft with which I was wounded was wild or cultivated... until I know whether the feathers of the shaft with which I was wounded were those of a vulture, a stork, a hawk, a peacock, or another bird... until I know whether the shaft with which I was wounded was bound with the sinew of an ox, a water buffalo, a langur, or a monkey.' He would say, 'I won't have this arrow removed until I know whether the shaft with which I was wounded was that of a common arrow, a curved arrow, a barbed, a calf-toothed, or an oleander arrow.' The man would die and those things would still remain unknown to him.

“The Story of the Poisoned Arrow,” Majjhima Nikaya, Sutta

63



ACCEPTANCE

The man wanted every detail, every answer. But the Buddha reminded his followers of this: knowing the answers to those questions would not save the man. His inaction, his fixation on what did not matter, would seal his fate. The poison would spread.

The lesson is simple: Focus on that which demands action. The arrow must be pulled before the poison takes hold. Define what is unacceptable and take that action. There is no time for distractions.



COMMUNICATION

Communication is the thread that binds us, the bridge that connects one soul to another. It is more than words. It is intention, vulnerability, and courage. True Communication is not merely speaking—it is reaching out, listening deeply, and embracing the weight of understanding. It is the act of sharing the unspoken truths of our hearts, and receiving another's truth with compassion, without judgment or expectation.

Communication does not happen by accident, nor can it be taken for granted. When we Communicate, we must do so with clarity and honesty, for words carry power, and silence carries consequences. The absence of truth, the withholding of feeling, the failure to listen—these are fractures in the foundation of Community. When we fail to Communicate, we invite misunderstanding. When we Communicate with love and openness, we create spaces where the Community thrives.



COMMUNICATION

This doesn't mean every conversation is easy or enjoyable. It's about establishing the foundation that conversations can be had, regardless of the gravity, and in that steps can be taken to manage a situation. A tough conversation that comes from a place of love and ends in a better tomorrow is a conversation worth having.

Its echoes—Connection and Compassion—remind us that Communication is not just for understanding; it is for action. It is for healing. It is for growth. To truly Communicate, we must be willing to listen with our entire Self, to open ourselves to the possibility of being changed by what we hear, and to ensure that those who speak do not do so into a void.



KAIROS

Kairos is the opportune moment. That fleeting window when the Universe aligns and you understand the rush in your soul: “Now.” It is not destiny, it’s not luck, and it’s not random. Truly, Kairos is the intersection of preparation and opportunity, a call to action wrapped in the urgency of the present. It is the responsibility to recognize the moment when it arrives and to step forward boldly, lest the moment pass and be lost forever.

Kairos is not a passive gift; it is an invitation. It does not force itself upon us, nor does it wait for permission. It is the demand of the Universe that we be present, that we move with intention, that we claim our place within the ever-unfolding story of existence. The weight of inaction is heavy, for what is given by the Universe can also be taken away. The moment does not wait for those who hesitate.



KAIROS

Millions of years of circumstance have conspired to bring you here, to this moment. Your existence is not an accident. It is the result of countless forces aligning, and all the Universe asks of us is our authenticity. To live a life that recognizes moments of Kairos and acts upon them is to embrace our power and purpose. The Universe does not give second chances to those who let the moment slip by. We prepare ourselves through the strength found both within and through those we surround ourselves with.

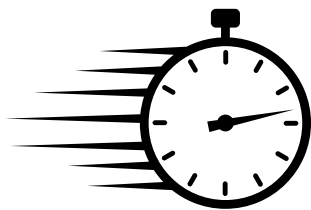


KAIROS

FROM THE MANY LANGUAGES THE UNIVERSE
SPEAKS, WE REFLECT UPON THIS STORY:

Who are you? Kairos, subduer of all.
Why do you stand on tip-toe? I run quickly.
And why you have wings on both your feet? I am as swift as wind.
Why do you hold a razor in your right hand? As proof to men that
I am sharper than any sharp edge.
Why does your hair grow over your face? For one who encounters
me to grasp.
And why, in Heaven's name, is the back of your head bald? For
once my winged feet pass by, even if desiring to, no one can grasp
me from behind.
Why did the artist fashion you? For your sake, stranger, and he set
me up in the porch as a lesson.

3rd century BCE Greek poet Posidippos



LIFE



Life is not simply existing. It is the act of living. It is the choice to wake each day and decide that you will live with purpose. To live is to move beyond survival, to shape meaning from the raw material of existence, and to breathe intent into every moment. To live fully is to embrace both the beauty and the struggle, to carve something lasting from the fleeting nature of time.

The goal of this life is not to manufacture a perfect path, devoid of hardship or pain. Pain, challenge, and adversity are not signs of failure; they are opportunities for transformation. It is through struggle that we learn resilience, through uncertainty that we discover our truth, and through hardship that we forge unbreakable connections. Life is not about the absence of suffering but about the presence of meaning—about choosing to engage, to learn, and to grow, no matter what storms may come.



LIFE



To truly live is to revel. Not in excess, not in reckless abandon, but in the moments that remind us why we are here. It is to dance in the fire of existence, to find joy in creation, to honor both the stillness of reflection and the intensity of experience. It is to hold nothing back—to live so fully that, when the last breath comes, there is nothing left unsaid, no love left unspoken, no wonder left unexplored.

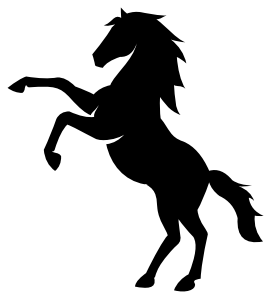
And yet, life is not lived in isolation. It is a shared act, a collective movement of souls interwoven. Each of us shapes the world around us, and each of us is shaped by the world in return. To live with purpose is to recognize that our existence is part of something greater, that we do not walk alone, and that our presence in this world carries weight. Every action ripples outward. Every choice contributes to the song of existence.



FROM THE MANY LANGUAGES THE UNIVERSE SPEAKS, WE REFLECT UPON THIS STORY:

At the near frontier, there was a [family of] skilled diviners whose horse suddenly became lost out among the Hu [people]. Everyone consoled them. The father said, “This will quickly turn to good fortune!” After several months, the horse returned with a fine Hu steed. Everyone congratulated them. The father said, “This will quickly turn to calamity!” The household was [now] replete with good horses; the son loved to ride, [but] he fell and broke his leg. Everyone consoled them. The father said, “This will quickly turn to good fortune!” After one year, the Hu people entered the frontier in force; the able and strong all stretched their bowstrings and fought. Among the people of the near frontier, nine out of ten died. It was only because of lameness that father and son protected each other.

Thus,



good fortune becoming calamity,
calamity becoming good fortune;
their transformations are limitless,
so profound they cannot be fathomed.

Traditional Taoist parable



LIFE



Life is not a ledger of good and bad, wins and losses. Life is meant to be lived—to revel in its joys, to weather its hardships, and to embrace its unpredictability.



MORAL IMPERATIVES

To walk the path of PACK Life is to accept a truth both simple and unrelenting: we are responsible for the world we create.

This is not a passive belief. It is not a philosophy that allows for complacency. To live these guiding ideas is to understand that our actions—or our inactions—shape the world around us. This is a call to courage, a call to vigilance, and a call to fight malice where it stands.

Malice does not always arrive with a raised fist or an open threat. Sometimes, it is quiet. Sometimes, it is a whisper, a turning away, a refusal to acknowledge harm. But silence in the face of injustice is complicity. A garden left untended will be choked by weeds. A fire ignored will consume everything in its path.

The moral imperative of the Community is not just to nurture what is good, but to confront what is harmful.



DEFEND AUTONOMY

The Community acknowledges that no force in the Universe is more sacred than autonomy— the right of an individual to define themselves, to live as they are, to own their body, their identity, and their path. To deny someone their autonomy is to deny them their humanity.

The Community recognizes this as an absolute. We do not tolerate laws, systems, or ideologies that seek to strip women of control over their own bodies, that seek to diminish the rights of queer people, or that seek to reduce any person's sovereignty over their body.

This is not a belief that wavers. This is not a value that bends to the will of oppression. To affirm bodily autonomy, gender identity, and the right to live freely is not a social stance—it is a sacred pillar and tenet of our faith.

To be part of The Community is to defend those who are under threat, not because they are kin to us, not because we are like them, but because they are people. Because their right to exist in peace should not be conditional.



DEFEND AUTONOMY

The Community stands firm against any force that would bring malicious harm to someone based on self-identity, including their age, sex, gender identity, sexual preference, race, ethnicity, physical and mental capabilities, or spiritual practice.

To defend the autonomy of another is to defend our own.



SELF-IDENTIFICATION AS AN ACT OF FAITH

To name oneself is a sacred act. It is the declaration of one's truth, a revelation of identity to the world, and a reflection of the journey taken to arrive at that truth. This is what it means to Revere the Self. The Community holds firm that self-identification must be honored and upheld with integrity. No individual should be made to justify their existence or endure the erosion of their identity at the hands of others.

Respect is not conditional. Pronouns, names, and gender identities are not requests but truths that must be recognized. To dismiss or deny them is an act of harm, a refusal to see another's humanity. The Community does not stand neutral on this. Ignorance or discomfort does not outweigh the dignity of another. To recognize identity is to affirm personhood.



SELF-IDENTIFICATION AS AN ACT OF FAITH

However, self-identification carries a responsibility. The right to define oneself does not extend to the right to take from others. The world is rich with cultures, traditions, and spiritual paths, many shaped through suffering and resilience. To appropriate another's identity—whether through stolen traditions, false claims of ancestry, or the bending of sacred practices for personal gain—is not self-discovery; it is theft.

True identity is not claimed; it is lived. It is woven through action and responsibility, through the recognition that identity is not an aesthetic to be worn and discarded. The Community rejects falsehood—the distortion of cultures and the taking of what was never freely given. To walk this path is to walk it with honesty, integrity, and an unwavering commitment to truth—both our own and that of others.



FIGHT MALICE WHERE IT STANDS

To be strong is not to seek conflict. To be strong is to be capable of action but wise in choosing when to act. We have no room in our hearts to ever strive for conflict, but by passion and purpose we will thrive in it if need be.

There will be those who mistake our principles for weakness. Those who believe that pacifism is the only true path to peace. But peace is not something that merely exists—it is something that must be built, maintained, and defended.

Violence is not the only answer.
It is a tool. One tool among many.
It should never be the first we reach
for without just cause.



FIGHT MALICE WHERE IT STANDS

Education. Communication. Collective resistance. These are the greater tools, the ones that do not simply end battles but prevent them from ever beginning. But if the moment arises where action must be taken—where lines must be held and harm must be stopped—then we do not hesitate.

We do not wait for permission to defend what is sacred.

Strength is not the absence of kindness. Strength is kindness wielded with conviction.



A message from Teopixqui Dez

“History does not always unfold in great battles. Sometimes, it is shaped in the quiet moments before the storm—in the choices made, or not made, before a force grows too large to stop.

We stand amidst a storm. Fires burn unchecked and tempests surge with the power of illgot confidence. But we can never stop working against these forces. We must fight.

We know what happens when we don’t.

The Holocaust, the darkest stain of the 20th century, did not begin with concentration camps and mass executions. It began with words. With propaganda. With the slow, deliberate erosion of human dignity. And, most critically, it began with silence.

The Nazi regime did not seize power overnight, nor did it appear as an unstoppable force. In its infancy, it was fragile. A movement of hatred does not thrive on strength—it thrives on complacency. It rises because those who see the warning signs do not act quickly enough, do not organize strongly enough, do not resist fiercely enough while resistance is still easy.



What if, when the earliest anti-Semitic laws were passed, the people had refused en masse to comply?

What if, before the Gestapo had the power to silence dissent, the people had spoken in a voice too loud to suppress?

By the time the world truly understood the full scale of Nazi atrocities, the cost of stopping them was catastrophic. But the greatest battles are the ones that never have to be fought. Had the world acted when the first sparks were struck, the fire that consumed six million lives might never have grown beyond a flicker.



History echoes. Today, in the here and now, history echoes.
Rod Serling provides us with this:

“Where will he go next? This phantom from another time, this resurrected ghost of a previous nightmare. Chicago? Los Angeles? Miami, Florida? Vincennes, Indiana? Syracuse, New York? Anyplace, everyplace, where there's hate, where there's prejudice, where there's bigotry. He's alive. He's alive so long as these evils exist. Remember that when he comes to your town. Remember it when you hear his voice speaking out through others. Remember it when you hear a name called, a minority attacked, any blind, unreasoning assault on a people or any human being. He's alive because, through these things, we keep him alive.”

– "He's Alive" written by Rod Serling; Jan 24th, 1963

We come together and we say aloud what is right and wrong.
We say what will grow in the garden of tomorrow and what
has no space for it. We draw good boundaries and firmly grip
the stick we drew them with.



I will stress that this isn't for a single Community to decide. This starts here, with love and dedication to a greater cause, and as the light shines and others find their confidence, we can connect with others. As a large, but connected, group of communities and neighbors all working together, we rebuild tomorrow.

This is the power of people—the power of vigilance, of recognizing that fighting malice where it stands means never letting it take root in the first place.”

-Teopixqui Dez



TREATMENT OF ANIMALS



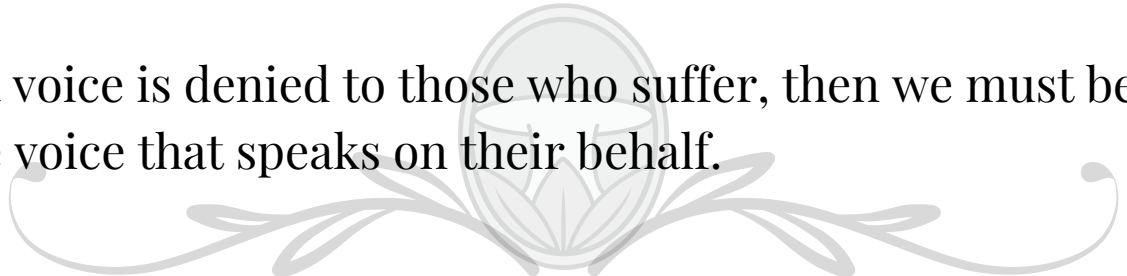
The Universe has granted all beings a place in the grand balance of existence. Like us, our animal kin are conscious, feeling beings. To cause suffering needlessly is not just cruelty—it is a betrayal of what it means to be part of this world.

We hold space for many perspectives within the Community. There is no single right answer, only the acknowledgment that our choices matter. Some will choose to refrain from consuming animals entirely. Others will partake as it is their place in our world.

To care for an animal is a privilege. Speak in the face of a pet not being cared for. To be the kind giant in the life of a smaller creature is a sacred role. But with that privilege comes responsibility. If we see suffering, if we see harm, we do not turn away.

Recognize the place all creatures have, even those whose purpose may be to provide food or be a beast of burden. The Universe Provides clarity in our roles; this gives space for all respectful ways to coexist with animals.

If a voice is denied to those who suffer, then we must be the voice that speaks on their behalf.



SACRED DAYS

Time is more than the passing of days and nights. It is a cycle, a rhythm, a force that moves through us and around us. Some days arrive like any other, passing through our lives without ceremony. Others demand recognition.

These are our Sacred Days because of what they represent. They are moments of reflection, of celebration, of reverence for what has been built and for what is yet to come.

THE DAY OF REVERENCE: TUESDAYS

We come together to revel, to celebrate, to grieve, and to learn.

On this day, members of the Community gather with spiritual purpose. We gather to find our best selves and provide that energy to our friends and family. Whether through group discussion, moments of introspection, or shared silence, these gatherings are a chance to realign with our purpose. The heart of the gathering remains steady week by week: building strength, offering insight, and fostering connection.



SACRED DAYS

FOUNDING DAY: FEBRUARY 1ST

The day The Community of PACK Life was born.

On this day, we honor the creation of something greater than ourselves. A single year, a decade, a lifetime—it matters not. What matters is that we are here. That we have built this together. That we continue to build.

This is a day for revelry. A day to celebrate what has been built and what is still to come. A day to reflect on the truth that has carried us this far:

The Community stands. It always will.



SACRED DAYS

DAY OF FIRST KAIROS: APRIL 4TH

A day to honor and celebrate the relationships that define us.

On this day, we do not simply reflect on the Community—we reflect on the people within it. It is a day to remember first meetings and cherish first moments together that gave the first sparks of connection. It is a day to cherish those who have walked this path with us; to reach out, to remind, to acknowledge that we have done this together.

Kairos is the recognition of opportune moments, of the Universe aligning in ways we could never have predicted. The Day of First Kairos is the remembrance of those moments—the recognition that a single encounter, a single decision, can alter the course of a life.

This is a day for joy. A day for laughter. A day to say, “I am glad you are here.”



SACRED DAYS

DAY OF LAST KAIROS: NOVEMBER 17TH

A day of remembrance. A day of honoring the victories won and the losses felt.

Where the Day of First Kairos is a celebration, the Day of Last Kairos is a reflection. It is a time to acknowledge the struggles we have endured, the burdens we have carried, and those who are no longer with us.

This is not a day of sorrow, though it welcomes grief. It is a day of gratitude for the battles fought and the lessons learned. It is a day to honor those who came before us, who stood where we now stand, who carved the path that we now walk but whose steps stopped before ours.

It is a day to remember that loss does not mean the end. It means transformation. Continuation. A new step forward.



COMMUNAL GATHERINGS

The heart of the Community beats strongest when we gather—when we come together to share, to grow, and to revel. These gatherings are not just events; they are sacred spaces where connection flourishes.

They reflect the diverse needs of the Community, offering opportunities for both social and spiritual growth. They are the source of our empowerment and the place where the deepening of our shared bonds can be found.



COMMUNAL GATHERINGS

ECLECTIC BY DESIGN

No two gatherings are the same, and that is intentional. The Community thrives on variety, on the recognition that different moments call for different energies. Some gatherings are spaces of quiet introspection, where members can explore healing and spirituality through guided conversations or practices. Others are vibrant, lively celebrations of connection, laughter, and the joy of being together.

We draw no distinction between social and spiritual; rather, we recognize that human connection itself is a form of sacred revelry. A gathering may begin with a discussion about healing and transformation and end with shared laughter over a meal. Or it may start with a simple hike in nature and evolve into a profound moment of communal reflection. The thread that binds them all is the intention to strengthen the Community and uplift its members.



COMMUNAL GATHERINGS

SPACES FOR EMPOWERMENT

Some gatherings are designed to empower. These are moments for members to come together and speak openly about their experiences, their struggles, and their growth. Whether it's a discussion circle focused on a specific type of healing, a workshop on mindfulness and self-care, or a storytelling session where members share their journeys, these gatherings create spaces where voices are heard and hearts are held.

Empowerment is not just about finding strength within oneself; it's about discovering the strength of the Community. In these spaces, members find validation, encouragement, and the realization that they are never alone.



COMMUNAL GATHERINGS

THE STRENGTH OF GATHERING

Every gathering, no matter its form, is a celebration of the Community. It is a moment to come together, to share energy and intention, and to remind ourselves of the power we hold when we are united. These are not just events. They are the living embodiment of our values and our purpose.

When we gather, we bring more than our individual selves—we bring the presence of the collective. Four people in a room means there are five present: each as an individual and the combined presence of the "Us" that emerges when people unite under a common ambition. This shared energy is more than just connection; it is a force that strengthens and reinforces our purpose, creating something greater than the sum of its parts.



COMMUNAL GATHERINGS

To gather is to reaffirm our bonds and nurture the spirit of the Community. It's done to recognize that none of us walk alone. The weight of our burdens is lightened, and our joys are amplified. Whether through shared reverence, discussion, celebration, or support, the act of gathering is itself sacred.

Let us continue to gather—with open hearts, with intention, and with the unwavering belief that together, we are greater than the sum of our parts.



CLOSING REVELRY

The Community stands.

It stands because we have chosen to build it, because we have poured our time, our strength, and our love into it. It stands because we have decided that connection is more powerful than division, that growth is more valuable than stagnation, and that together, we are something greater than we could ever be alone.

But the Community does not stand still.

It moves. It evolves. It rises. To belong to the Community is to commit to growth, not only in ourselves but in each other. It is to understand that empowerment is not a gift handed down, but a force cultivated, nurtured, and shared. No one is carried forever, but everyone is carried when they need to be.



CLOSING REVELRY

There is a duty that comes with being part something bigger. A duty to be better than we were the day before. A duty to uplift those beside us. A duty to protect what we have built. This is not a passive faith, not a hollow set of ideals spoken into the void. It is lived. It is active.

Growth does not come without discomfort. To learn is to be confronted. To evolve is to challenge what no longer serves us. This means questioning our own limitations, our fears, and the complacency that whispers doubts to stay as you are.

We reject that voice.

We are not naive to the world we exist in. We know there are forces that would rather see us divided. Systems that thrive on isolation, on fear, on keeping people small. We see the traps laid before us—the ones designed to instill the venomous ideas that we are too few, too scattered, too weak to make a difference.

We are not weak.



CLOSING REVELRY

A single tree is vulnerable in a storm. A forest bends, but it does not break. The Community is our forest, our shield against the winds of malice, our foundation against the tides of hostility. We do not shrink from the challenges ahead. We do not move through the world with fear, but with intention.

We are too strong to be uprooted.

To navigate a world that does not always welcome us, we must be both bold and strategic. We must recognize that our strength does not come from reckless defiance but from steadfast unity. We do not fight every battle that comes our way—only the ones that matter. We do not waste energy shouting into the void—we build, we act, and we make our presence undeniable. The world will change, with or without us. But with us, it will change for the better.



CLOSING REVELRY

Strength is not just found in resistance. It is found in the joy we cultivate, in the connections we foster, in the moments of revelry we create. It is found in the laughter shared, in the hands held with certainty that no one here walks alone.

We do not exist to merely endure. We exist to thrive, to build, and to celebrate.

This is our Closing Revelry, but it is not the end.

It is a beginning. It is our promise that we will continue, that we will grow, that we will stand— together.

The Community stands and always will.

The Universe will provide and together we will revel within.





“I guide not just by a light of my own creation, but by
one left to me from a soul that burned too brightly for
this world.

My doubts were burned away by
the positivity he radiated.

My fears were powerless in the face
of his confidence and reassurance.

Today, in the Community we have cultivated with
peace and purpose, Harry’s light carries on.

–

You will forever be a part of
this Community and never forgotten.

And you will always – ALWAYS – be my kin.

For you, Harry.”

– Dez

